

IT TAKES A COMMUNITY....

a cross sector approach to FASD

Fetal Alcohol Spectrum Disorder (FASD) is an umbrella term that describes the range of effects that can occur in an individual who was prenatally exposed to alcohol and includes FAS. These effects can include lifelong physical, mental, behavioural difficulties, and learning disabilities.

September 10th & 11th, 2019

*Nottawasaga Inn Resort
Alliston, ON*

Presented by

SIMCOE COUNTY

FASD

INITIATIVE



Tuesday September 10

7:30 AM – 8:45 AM **Registration & Breakfast** Bordeaux Ballroom

8:45 AM – 9:00 AM **Welcome & Opening Remarks** Bordeaux Ballroom

9:00 AM – 10:30 AM **Key Note** Bordeaux Ballroom

Myles Himmelreich: Myles is a well-known motivational speaker, having presented nationally and internationally for many years, sharing his experiences of living with FASD. In his work as a mentor to other youth and adults with FASD, Myles has helped them to understand and accept that we may share similar struggles but also the desire to succeed. He has done a great deal of work as a consultant to many different agencies and at many conferences. Myles was also a co-lead of a ground-breaking study on the health and physical issues of adults living with FASD. His goal is to bring awareness, acceptance and a true understanding of FASD to his audiences.

Lived Experience: In his presentation Myles will share life experiences on what it is like to live with a disability that is so stigmatized and misunderstood. By giving personal examples of sensory issues, processing, and executive functioning Myles hopes to encourage and inspire audiences, and society as a whole, to change the way they see and understand FASD.

10:45 AM – 12:15 PM **Key Note** Bordeaux Ballroom

Dr. Jennifer Saltzman-Benaiah: Jennifer is a pediatric clinical neuropsychologist working for Mackenzie Health and the Children's Treatment Network of Simcoe and York. She provides cognitive assessments to children with neurological conditions such as acquired brain injury, seizure disorder and FASD. Jennifer is passionate about finding ways to talk about complex topics in simple language so that parents and professionals can have a common understanding and move forward in treatment decisions together.

Grocery cart and coupons for thinking dynamically about kids' needs and

success: Acknowledging that children with FASD have neurocognitive deficits is a very important part of thinking about intervention. But it is only the first step. How do we discover information about these deficits and use it to develop practical accommodations in every life? What if there are many deficits affecting a child all at once? How do we decide which to accommodate and when? In this talk we are going to consider a model for thinking about all different types of deficits happening in real time. Using the grocery cart model, we will understand the reasons why accommodations are important and the choices we can make to impact a child's needs and successes. We will consider the role of habits and structured routines, and the need to intervene early to prevent a child's frustration and unwanted behaviour.

Tuesday September 10

12:15 PM – 1:15 PM **Lunch** Bordeaux Ballroom

1:15 PM – 2:00 PM **Session** Bordeaux Ballroom

FASD Educational Strategies and Practices: This session will focus on the educational structured learning environments/classrooms that are operating within Simcoe County District School Board to support students with FASD.

- The Mackenzie Health FASD Section Class (KIT class).
- The Type 3 Elementary Social Skills (supporting students with suspected/confirmed FASD or ABI)

The session will include the origins of the classes, together with the ongoing collaboration and support of community partners. It will review the staff involved, the structure of the class, and the students and families who are supported. The focus will be on what has been learned from the programming and strategies implemented, as well as the interventions and supports that are essential for the student's success. There will also be special guests (students and parents/caregivers) who will share their school experience.

Stephen Chester-Bertelsen: Stephen is a Special Education Consultant with the Simcoe County District School Board. He has a Master of Education in Human Development and Applied Psychology and a graduate Diploma of Holocaust and Genocide with emphasis in trauma from the University of Toronto. His portfolio includes supporting students with FASD, CTCC/Section 23 Classrooms and accessing and working with community agencies. He has had many years experience as a Special Education Resource Teacher, Learning Center and Classroom Teacher.

Kathy Chapman: Kathy retired from the Simcoe County District School Board in June 2017 and has since been self employed as a tutor and DI presenter, as well as working part time for Nelson. While with SCDSB, she had many years of experience in schools as a regular classroom teacher, SERT, and Learning Centre Teacher. She also had the privilege of working at the board level as a Special Education Consultant, with the main focus of social skills classes, and worked in collaboration to initiate the first SCDSB FASD classroom.

CAN FASD BE PREVENTED?

YES. THE ONLY WAY A PERSON DEVELOPS FASD IS THROUGH PRENATAL ALCOHOL EXPOSURE. HOWEVER, REACHING THIS GOAL IS NOT ALWAYS EASY.

Tuesday September 10

2:10 PM – 3:30 PM Session Bordeaux Ballroom

Neuropsychiatric Disorders in Fetal Alcohol Spectrum Disorder and their Pharmacological Management: In this presentation, the role of pharmacology in the neuropsychiatric management of FASD is discussed. A review of published pharmacotherapeutic trials is presented, with the Canadian Agency for Drugs and Technologies in Health's (CADTH's) recommendations to Health Canada. This is followed by recommendations and options for other pharmacotherapeutic options based on an understanding of the interplay between neural plasticity and the neurobiological deficits which occur in the various fetal alcohol syndromes.

Objectives:

By the end of this session, participants will:

1. Understand the range of structural and functional central nervous system effects of fetal exposure to alcohol
2. Become aware of the current status of the evidence with respect to pharmacotherapeutic interventions for neuropsychiatric disorders in patients with Fetal Alcohol Spectrum Disorders (FASD)
3. Learn about new and emerging options for pharmacotherapy based on a neuropsychiatric understanding of alcohol-related cerebral disturbance

Sherese Ali, MD, MSc, FRCPC, Dip ABPN, Dip APM: Dr. Ali completed undergraduate studies at the University of Toronto, medical school at the University of Calgary, and started Psychiatry residency at Queens University. She completed residency with a focus on Neuropsychiatry at the Maudsley Institute, London, England and then a post-residency Fellowship in Neuropsychiatry and Consultation-Liaison Psychiatry at Harvard Medical School and the Massachusetts General Hospital. She is certified by the Royal College of Physicians of Canada, the American Board of Psychiatry and Neurology and the American Academy of Consultation-Liaison Psychiatry. She works as Consultation Neuropsychiatrist with a clinical and academic focus on Epilepsy, Central Nervous System Lupus, Acquired Brain Injury and adults with Congenital Intellectual Disability. Dr. Ali is also actively involved in Global Mental Health. She is a graduate of the Harvard Program for Refugee Trauma and completed a Master's in International Mental Health Policy and Services. She has deployed with the United Nations' World Health Organization as a front-line mental health provider to Turkey, Syria, Iraq, Egypt and Sudan.

A1 Break Out Room 11

Community Development: How Simcoe County created and maintains the FASD

Community Initiative within the County: This is a 3-part presentation of the overview of Simcoe County FASD Initiative including the development of the committees, successes, lessons learned and next steps. The FASD Initiative is comprised of the FASD Advisory and two sub group including Prevention and a Leads (training) group. Participants will learn how each group has developed strong community partnerships, increased FASD awareness within the community and supported each other in creating FASD support for children, youth, adults and their families with minimal funding from outside sources. Each group will present their key highlights and there will be a question and answer session afterwards.

Vicky Merrilees: Vicky is the Regional Service Resolution Manager at Catulpa and has worked with children with complex needs some of who have FASD for over 15 years. She was the co-chair of the Simcoe County FASD Initiative for 6 years and has supervised the Simcoe County FASD Project Coordinator for the last 7 years. Vicky is now the co-chair on the York FASD Initiative and part of the community development for FASD in both York Region and Simcoe County.

Lori Webel-Edgar: Lori works as Program Manager at the Simcoe Muskoka District Health Unit in the area of Healthy Growth and Development. She has been a registered nurse working in the area of Maternal and Infant health for over 34 years. She has a passion for improving health outcomes for women and infants, with a keen interested in community development and implementation science. She has held leadership positions at the regional and provincial level and enjoys working and connecting to improve the health of the population. She has completed advanced education and clinical certificates over the years. As a public health professional, she is skilled at measuring change and developing collaborative approaches.

Kathryn Reid: Kathryn has been the Simcoe County FASD Project Coordinator for the past seven years and is very passionate about FASD. She has also worked as a preschool resource teacher for 30 years and has been a foster caregiver since 1973. She is a mother to five and a grandmother to six children.

John Clarke: John is the Manager of Autism and Behaviour Services for the Centre for Behavioural Health Sciences. John has worked with children and adults with intellectual disabilities and those diagnosed with FASD for 15 years. John was the co-chair of the Simcoe County FASD Initiative for 6 years and helped develop the York/Simcoe FASD Clinic with his colleagues at CBHS.

A2 Bordeaux Boardroom

A Model for Collaborative Training for FASD: This presentation is an overview of the 2-day FASD partnership presentations, which are held twice a year, within Simcoe County. This is a unique collaboration between Mackenzie Health, Family Connexions, Sylvia Gibbons-Adoptive Parent, and the Simcoe County District School Board. The focus of the 2-day presentation is to address FASD as a neuro behavioural deficit, providing awareness and understanding, along with strategies and hope. The presentation is open to anyone who has an interest in the subject, and includes individuals living with FASD and their guardians, sharing their stories.

Kathy Chapman: Kathy retired from the Simcoe County District School Board in June 2017 and has since been self employed as a tutor and DI presenter, as well as working part time for Nelson. While with SCDSB, she had many years of experience in schools as a regular classroom teacher, SERT, and Learning Centre Teacher. She also had the privilege of working at the board level as a Special Education Consultant, with the main focus of social skills classes, and worked in collaboration to initiate the first SCDSB FASD classroom.

Lorraine Boros: Lorraine is a supervisor with Simcoe Muskoka Family Connexions and has worked in child protection for 18 years. She represents the agency on the Simcoe Country FASD Advisory, as well as several committees. Lorraine has had an interest in FASD for some time, particularly the overrepresentation of individuals suspected with or diagnosed with FASD involved with child protections services.

Sylvia Gibbons: Sylvia founded and runs a Support Group for Adoptive Families and founded and runs an Adopted Youth Group, both of which are in Simcoe County. She is the ACO's PACT Parent Liaison. In this newly created role, she will assist and guide Pathways parent groups to form ongoing parent support groups in their communities. Sylvia continues to provide peer support to many adoptive families throughout Ontario. Sylvia has been a PRIDE trainer for 10 years. Sylvia is also an adoptive parent.



THANK YOU – SEE YOU TOMORROW

Wednesday September 11

8:00 AM – 8:45 AM **Breakfast** Bordeaux Ballroom

8:45 AM – 9:00 AM **Welcome & Opening Remarks** Bordeaux Ballroom

9:00 AM – 10:30 AM **Key Note** Bordeaux Ballroom

Robert Solomon: Robert is currently on the Faculty of Law at Western University, where he holds the rank of Distinguished University Professor. He is also the National Director of Legal Policy for Mothers Against Drunk Driving (MADD) Canada. He has been involved in research and teaching on health care, civil liability, and criminal law for over 45 years. He has served as a consultant to Health and Welfare Canada, the Law Reform Commission of Canada, the Canadian Centre on Substance Abuse, and the Commonwealth of Australia Health Department. He assisted the Ontario Addiction Research Foundation in developing a provincial substance abuse program for schools, and has advised numerous health, counselling and care agencies.

Professor Solomon has travelled throughout Canada and Australia presenting legal programs in his fields of expertise. One of his major areas of concern has been the increasingly challenging legal environment facing psychologists, social workers, health practitioners, and youth workers. He is widely published in his fields of expertise and is the lead author of *A Legal Guide for Social Workers*, 3rd ed., which the Ontario Association for Social Workers published in 2014.

A Legal Primer on Consent, Capacity and Substitute Consent: The session will begin with a brief review of the legal principles governing consent, capacity to consent and substitute consent to treatment, counselling and care. Topics also covered will be general principles of documentation, the legal definition of “confidentiality” and will finish with examination of the federal and provincial laws that require clinicians and service providers to report client information to specified officials.

“Of all the substances of abuse, including cocaine, heroin and marijuana, alcohol produces by far the most serious neurobehavioral effects in the fetus.”

(Institute of Medicine 1996, Report to Congress)

B1 Break Out Room 11

Women with Substance: This session will outline the intersection between women's experience and substance use. Learn about the impact of biology, mental health and trauma, and socially proscribed role expectations on women's substance use.

Jan Aikins: Jan is a Registered Psychotherapist working in the Umbrellas perinatal addiction program at CMHA. Jan's first career, as a stay at home mom, was inspired by her 3 children; the experience has informed her work in grass roots organizations ever since. Jan started her social service work as a crisis line volunteer for the Rape Crisis Line in 1990. There she discovered her passion for supporting women, and she was eventually hired as the Volunteer Coordinator. After 8 years apprenticing as a feminist counsellor, Jan moved on to work for CAMH and Simcoe Outreach Services, coordinating a 3-year long research project focused on validating a group intervention model known as Strengthening Families. Jan is now a Registered Psychotherapist, crediting everything she knows to the privilege of having women share their most personal struggles with her.

B2 Bordeaux Ballroom

Responding to Risk Needs: Providing Education and Treatment for Individuals with FASD who engage in Concerning Sexual Behaviours: While research on best practice and treatment models for providing treatment/education to individuals with FASD who engage in problematic sexual behaviour is limited, the presentation of concerning/maladaptive sexual behaviour in individuals with FASD is prominent. In this presentation we will consider the nuances of how to best meet the treatment needs of persons with FASD and explore how these approaches may differ and/or overlap with current treatment delivery models designed to serve persons with DD/ID and Dual Diagnoses.

Christa Salmon MSW, RSW: Christa has worked as the Central East Educator/ Behaviour Consultant with the Centre for Behaviour Health Sciences Program for the Assessment and Treatment for Healthy Sexuality (P.A.T.H.S.) since 2003. She specializes in the area of assessment and treatment of sexually abusive behaviours and persons with intellectual disabilities. She also provides clinical consultation, training and workshops for community partners. Christa has presented at a number of national and international conferences.

Tiffany Charbonneau: Tiffany has been working with the Centre for Behaviour Health Sciences since 2006 and a part of the PATHS team since 2011. Her role includes supporting individuals with sexually concerning behaviours in the community through assessment, treatment and risk management. She currently has her bachelor's degree in psychology.

Wednesday September 11

11:30 AM – 12:30 PM **Lunch** Bordeaux Ballroom

12:30 PM – 2:00 PM **Session** Bordeaux Ballroom

Troubled: Justice and Fetal Alcohol Spectrum Disorder: FASD is a permanent, organic disorder with measurable impairments in areas that affect emotional regulation, learning, social adaptation, and cognition. This helps explain why individuals are at greater risk of victimization and becoming involved in offending behaviour. It also explains why punishment is ineffective as a deterrent. This workshop will explore FASD through the justice lens, identifying steps needed to can shift individuals toward prosocial engagement. Tools that help describe individual neurodevelopmental profiles for both professionals and individuals will engage participants to consider supports and interventions that can be tailored to the individual's strengths and needs.

Sheila Burns: Sheila specializes in Fetal Alcohol Spectrum Disorder case consultations and professional and caregiver training. She has a background in women's health, community development, and children's mental health that informs her practice. She is a member of the Ministry of Children, Community and Social Services FASD Expert Group, held a fellowship with the Law Foundation of Ontario, and was the chair of FASD Ontario Network of Expertise and their Diagnostic and Justice Action Groups.

In the 20+years she has been working in the FASD field, Sheila has authored several reports on FASD and most recently created tools to help guide and inform caregiving, teaching and mental health interventions. She believes that by exploring individual neurodevelopmental profiles we will understand needs more accurately and unlock strategies that will shift us toward paths to success. Her tools let us do that in an engaging but guided way, building capacity and insight as we go.



RECENT STUDIES SUGGEST 2-4% OF
THE CANADIAN POPULATION ARE
AFFECTED BY FASD

Wednesday September 11

2:15 PM – 3:45 PM Key Note Bordeaux Ballroom

Geraldine Crisci, M.S.W.: Geraldine is a mental health professional with over 30 years experience in the field of trauma. She is a private practitioner who provides assessment and treatment to children, youth and their families. She is also a professional trainer providing educational programs to mental health, protective services, law enforcement, medical and other helping professions. Geraldine has developed and teaches a six-day Trauma Assessment and Treatment Program which has reached 6000 professionals in the past 18 years.

Geraldine has developed protocols for the assessment and treatment of trauma, sexualized behaviour problems in prepubescent children and sibling sexual abuse. Geraldine has developed reunification protocol for families in which sibling sexual abuse has occurred. She has provided support to agencies and families in the successful adoption of children from the Protection system. She has worked extensively with residential and day treatment programs for children and youth for the past 25 years.

Geraldine specializes in addressing the impact of trauma on the behaviour of children and youth. To this end she develops clinical programs to provide children, youth and their families with corrective effective therapeutic intervention. Geraldine is a member of the American Professional Society on the Abuse of Children (APSAC); a member of the Association for the Treatment of Sexual Abusers (ATSA); a member of the College of Registered Psychotherapists of Ontario (CPRO) and the Ontario Association of Social Workers (OASW). She co-authored Paper Dolls and Paper Airplanes: Therapeutic Exercises for Sexually Traumatized Children, which is currently in its 19th year of printing.

Compassion Fatigue: Compassion fatigue has been described as the “cost of caring” for others in emotional pain (Figley, 1982). The work of helping requires professionals to open their hearts and minds to their clients. Unfortunately, this very process of empathy is what makes helpers vulnerable to being profoundly affected by their work.

The speaker will address how to effectively promote healthy coping and resilience building for individuals and organizations. The speaker will outline specific strategies to assist a wide variety of individuals who may be facing the issue of compassion fatigue.

3:45 PM – 4:00 PM Wrap Up/Evaluations Bordeaux Ballroom

REGISTRATION

\$325.00/person – 2 days
includes breakfast and lunch

To register and Pay on line click register here

[Register Here](#)

OR

Fax registration form to 705-728-7456 to receive an invoice

REGISTRATION FORM: (invoice will be issued to email address provided)

Contact Information:

Name: _____ Agency: _____

Email Address: _____

Telephone #: _____

Concurrent Session Choices:

September 10 th : 3:45 PM – 4:45 PM	First Choice	Second Choice	September 11 th : 10:45 AM – 11:30 AM	First Choice	Second Choice
Community Development – A1			Women with Substance – B1		
A Model for Collaborative Training for FASD – A2			Responding to Risk Needs – B2		

ACCOMODATIONS:

A block of rooms has been reserved at the Nottawasaga Inn Resort at a rate of \$159 (plus HST) per night. Please quote **#131701** to receive the conference rate. Rooms must be booked by **July 10th** in order to guarantee rate and availability. 1-800-669-5501

CANCELLATION POLICY:

Cancellation/withdrawal requests should be sent to Patty Barnes at patty.barnes@mackenziehealth.ca and will be accepted without penalty until August 12th, 2019. No refund will be issued after August 12th.

CONTACT INFORMATION:

For more information, contact Patty Barnes at patty.barnes@mackenziehealth.ca OR 705-728-9143 ext 2221

THANK YOU – LOOK FORWARD TO SEEING YOU THERE